

Health and Diseases



INVESTICE DO ROZVOJE VZDĚLÁVÁNÍ

Operační program Vzdělávání pro konkurenceschopnost

Název projektu: Inovace magisterského studijního programu Fakulty ekonomiky a managementu

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Introduction

To be able to describe your medical problems is quite important and may be needed in real life. It is also one of the topics required when taking the English exam in accordance with STANAG 6001.

Warm-up

Work in pairs.

Are you a healthy person? What do you do for your health? What are the main principles to be followed for a healthy lifestyle?

What diseases have you had in your life?

Let us go through some basic vocabulary concerning health and diseases:

allergy - alergie

noun - a health problem in which you become ill because you have eaten something, touched something etc., typical symptoms are rash, swelling, red eyes, runny nose, breathing problems etc.

bandage - obvaz

noun - a strip of cloth or other material used to cover an injured part of the body, usually to prevent bleeding etc.

bleed - krváčet

verb - to lose blood

blood pressure - krevní tlak

. noun - the force with which the blood flows through the body

crutch – berle

noun - an instrument that you put under your arm to help you walk when you are injured

dizzy - mající závrať, pociťující motání hlavy

adjective - feeling as if the world is turning around you and that you might fall, usually as a result of being somewhere very high, or of an illness

emergency – pohotovost

noun - medical service that is available at all times, even at night

faint - omdlít

verb - to lose consciousness briefly and fall

hay fever - senná rýma

noun - a kind of illness caused by breathing in the pollen of some plants, its symptoms are a runny nose, sore throat etc.

heart attack - infarkt

noun - a sudden illness in which the heart stops working properly

limp - kulhat

verb - to walk with difficulty when your leg has been injured, to walk as if your leg has been injured

rash - vyrážka (kožní)

noun - spots that appear on the skin, caused by an illness or an allergy

stroke - mrtvice, mozková mrtvice

noun - a sudden illness of a part of the brain

sunburn - spálit se (na sluníčku)

verb - to get burned by the sun

sunstroke - úžeh, úpal

noun - an illness caused by staying too long in hot sunlight

swell - opuchnout, napuchnout, naběhnout (opuchnout)

verb - to become larger, often about a part of the body that has been hurt etc.

throw up - zvracet, blinkat, blít

verb - to vomit; to let food come out of your stomach through your mouth, esp. when you feel sick

Now, you will practice your knowledge in role plays. Here are the instructions. Activity sheets are in separate documents.

Class Set-up:

The class is divided into two groups: Doctors and Patients. Doctors are given the [Doctor's Activity Sheet](#) and the [Treatment Cards](#). Patients are given the [Patients Activity Sheet](#) and *three* [Ailment Cards](#).

For each ailment, the patients will visit two doctors and get some advice and a prescription.

Sources:

<http://www.helpforenglish.cz/article/2006072361-health-and-illness>

http://bogglesworldesl.com/doctor_roleplay.htm



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Questions? Suggestions?

Thanks for your attention.