

## • What symptoms might you have so that you have to go the doctor / GP?

I've got a headache... My head hurts / is sore / is throbbing... My stomach / tummy / belly... I have a stomachache / bellyache / tummy ache... I have an upset stomach... My stomach is in pain / agony... I have a burning sensation in my stomach / tummy... I feel sick / nauseous / like vomiting... I have been sick / vomiting / throwing up... My eyes are sore... My vision is blurry / fuzzy / hazy... I'm seeing spots... I'm having trouble seeing... I have an ear ache... My ear hurts... I have trouble hearing... I have a temperature / fever... I have bloody / runny nose... My nose is bleeding / running... I have sore throat... I have an itchy throat... My throat is itching / burning... I'm having trouble breathing... I'm short of breath... I have a rash / burning (itchy) sensation / funny spots on my skin... My skin is itchy / dry / scaly... It hurts to breathe / swallow... I have cold / the flu... I missed my period... I've twisted / sprained / broken / fractured my ankle / arm / knee / leg / wrist... My joints / muscles ache... feel stiff... I have / suffer from high / low blood pressure... I have... an allergic reaction / allergy to... wheat / pollen dust / mold.

## • What does the doctor / GP do when you visit him / her?

Usually he / she... takes / checks my temperature (with a thermometer) / blood pressure (with a blood pressure monitor / sphygmomanometer) / pulse (with a stethoscope)... checks / looks at my eyes / ears... He / she speaks with me about my problem / illness... asks questions... gives me advice... writes a prescription... refers me to a specialist... changes / checks my bandages... checks my condition / symptoms / how I am healing.

## • Why would you go to hospital?

I would go to hospital if... I had food poisoning... had been poisoned... had a serious injury / fracture / broken bone... injured my spine / backbone / head... I had been in a serious / terrible accident... I had been diagnosed / needed treatment for a serious disease like cancer / pneumonia / typhus... if I had a heart attack / a seizure / a stroke... I had to / needed to go in for an operation... I was going to give birth.

## • What are some serious diseases / illnesses / conditions? Can you describe some of the symptoms?

Epilepsy is a disease / condition of the nervous system. It causes people to have fits / seizures... Cancer is a disease which can affect any organ. It affects how cells grow. Cancer can be caused by smoking / too much sun / too much meat / radiation / chemicals... Strokes are when a blood vessel / artery is blocked by fatty tissue. Strokes are likely when people have diets high in fat / low in fibre... don't exercise enough.

## • What are some medical specialists and what do they do?

An optometrist is someone who checks / looks after our eyes... gives us an eye test... prescribes glasses... A surgeon operates on us... a paediatrician (= *pediatrician AmE*) is a doctor for / a specialist in children... A podiatrist is a doctor

/ specialist for our feet... A dermatologist is someone / the person we see for problems / conditions with the skin.

## • When do you need to go to / visit the dentist?

I need to / must visit the dentist for... a regular check-up... if I have toothache... if my gums bleed / hurt / are in pain... if I chip / break / lose a tooth... if I have a cavity / hole in my tooth... to get braces / a plate / a filling... to have my teeth capped / whitened... to have a tooth pulled out / removed.

## • What can we do to prevent getting sick / falling ill?

We can eat a healthy diet... take regular exercise / exercise regularly... avoid fatty / greasy foods... dress warmly / stay warm in the winter... have a shot of plum brandy once a day (it works for my Grandpa)... get flu shots / vaccines... get vaccinated / immunized against diseases / illnesses / viruses / the flu / the cold... not smoke / drink too much.

## • What would you recommend someone with a cold / the flu?

I would recommend that they / tell them... to get plenty of rest... to have hot tea with lemon... to take two aspirins / some antibiotics / cough syrup... to have chicken soup... to take cold and flu tablets / medicine / medication... to stay indoors. I would tell them not... to take antibiotics because they don't help... not to smoke if they do.

## • What would you do if someone had a stomachache?

I would tell them to / recommend that they... avoid dairy / rich / greasy / spicy foods / alcohol... drink lots of water... get lots of rest... take anti-diarrhoea (= *diarrhea AmE*) medicine / medication / formula.

## • What do you do if someone sprains a muscle?

You must... rest the sprained / injured limb immediately... wrap / compress the area / swelling with a bandage / air cast / splint... elevate the injured / sprained limb / arm / leg... put ice on the sprain / injury / swelling.

## • What happens when you break a bone?

The doctor takes an x-ray... You get an x-ray of the break / fracture / broken bone / fractured bone... The doctor puts the break / fracture / broken bone / fractured bone in plaster / cast... The doctor ties a splint to the broken / fractured bone... The doctor gives you crutches / a wheelchair.

## • What medication do you need a prescription for / can you buy 'over the counter' at the pharmacy / chemist's (= *drugstore AmE*)?

You can buy / get... aspirin... cold and flu / pills / tablets / capsules... cough syrup / mild painkillers... anti-diarrhoea formula... eye drops... herbal teas... acne cream without a prescription. [You don't need a prescription for...] You do need a prescription for... antibiotics / strong painkillers / heart tablets.

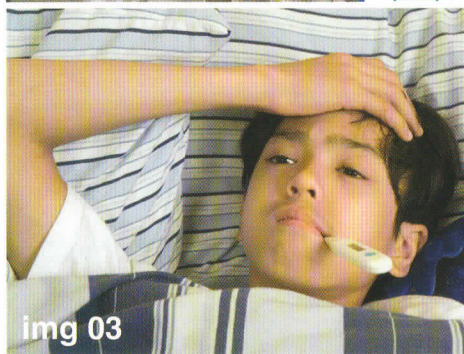
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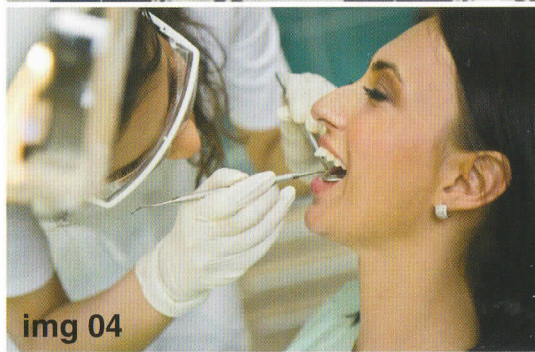
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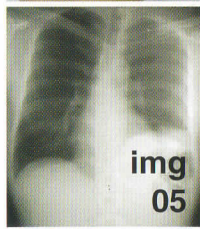
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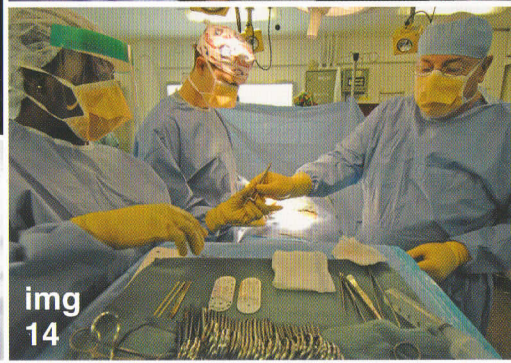
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