

**UNIVERSITY OF DEFENCE  
LANGUAGE CENTRE**

**TEST D – PART I: LISTENING**

*Listen to the following monologues and dialogues and choose one correct option A, B, C, or D. Mark your answer sheet as shown in the example. Do not write on the test booklet, please. You will hear each recording twice.*

**Example**

*A message on an answer phone*

**Who is the message for?**

- A) secretary
- B) friend
- C) child
- D) wife

A B C **(D)**

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1. Two people talking

**Where are the people?**

- A) at a beach bar
- B) on the beach
- C) at a swimming pool
- D) in the shade

2. A part of a conversation

**What is she doing?**

- A) giving directions
- B) shopping in the city centre
- C) describing the town
- D) looking for a hotel

3. A couple talking

**The woman says the man should \_\_\_\_\_.**

- A) have a slice of pizza
- B) bring some ice cream
- C) start with exercising
- D) watch the game on TV

4. A family conversation

**What is the woman going to do? She is going to \_\_\_\_\_.**

- A) wake up Jane
- B) clear the snow
- C) help Richard
- D) make breakfast

5. From the news

**Which means of transport is NOT available in London at the moment?**

- A) cars
- B) buses
- C) tube
- D) trains

6. Two women talking

**Jenny is \_\_\_\_\_.**

- A) in love with John
- B) older than John
- C) afraid of John's age
- D) married to John

7. A conversation between a boss and his employee

**What does the boss say about the project? It is \_\_\_\_\_.**

- A) practical
- B) excellent
- C) incorrect
- D) inappropriate

8. At a police station

**What did the man steal? He stole some \_\_\_\_\_.**

- A) watches
- B) glass
- C) jewellery
- D) vases

9. A couple talking

**The woman is surprised because the man has \_\_\_\_\_.**

- A) made expensive shopping
- B) changed his eating habits
- C) bought something unexpected
- D) helped her with shopping

10. An announcement on an airplane

**What do you know about the customer service? It is available \_\_\_\_\_.**

- A) at frequent intervals
- B) only to businessmen
- C) at British airports only
- D) without extra charges

11. A man talking

**What do we know about the library? It \_\_\_\_\_.**

- A) is changing opening hours
- B) is moving to a new place
- C) has a new employee
- D) is closed next week

12. An announcement on the radio

**What kind of programme is being advertised? It is \_\_\_\_\_.**

- A) a quiz show
- B) a documentary
- C) a world geography
- D) a song contest

13. From a conversation

**What is wrong with the man's packet?**

- A) It is too large.
- B) It is too heavy.
- C) It has been opened before.
- D) It has been wrapped badly.

14. Two people talking

**What happened? The man was \_\_\_\_\_.**

- A) fined
- B) arrested
- C) taken to court
- D) given a warning

15. At the meeting

**What does the speaker want? He wants to \_\_\_\_\_.**

- A) change an arrangement
- B) get some advice
- C) confirm information
- D) make a complaint

16. Two friends talking

**What is true about the flat?**

- A) There is no air-conditioning.
- B) The air-conditioning is broken.
- C) There is central air-conditioning.
- D) The air-conditioning is too weak.

17. A man complaining

**Who is the man speaking to?**

- A) a builder
- B) a landlord
- C) a hotel manager
- D) a furniture salesman

18.-20. A job interview

**What do we know about Miss Chan? She \_\_\_\_\_.**

- A) has a degree in marketing
- B) is working in publishing
- C) has an Arts degree
- D) is still studying

**Miss Chan was selling, for example, \_\_\_\_\_.**

- A) pens and envelopes
- B) books and magazines
- C) mixers and toasters
- D) TVs and fridges

**What is Miss Chan good at? She is good at \_\_\_\_\_.**

- A) selling
- B) studying
- C) swimming
- D) languages

## TEST D – PART II: READING

### **TASK A**

*Read the following texts and choose one correct option A, B, C, or D. Mark your answers on the answer sheet.*

#### 21. From a magazine

We live in a stressful world, and daily life can sometimes make us feel tired, stressed, or depressed. Some people go to the doctor's for help, others try alternative therapies, but the place to find a cure could be somewhere completely different: in the kitchen. Dr Paul Clayton, a food expert from Middlesex University, says 'The brain is affected by what you eat and drink, just like every other part of your body. Certain types of food contain substances which affect how you think and feel.'

**The text claims you can feel better if you \_\_\_\_\_.**

- A) go to see the doctor
- B) lose your weight
- C) eat specific food
- D) change your life

#### 22. Commando dad

For six years Neil Sinclair served as a commando with the British army. He had been in lots of dangerous situations, but nothing prepared him for the day when he brought his first baby home from hospital. When he left the army, Sinclair and his wife agreed that he would stay at home and look after the baby, while his wife went back to work. 'I have done a lot of crazy things, but when I put that baby down I thought: I have a tiny baby and he is crying. What does he want? What does he need? I did not know. It was one of the most difficult days of my life.'

**The text is about \_\_\_\_\_.**

- A) difficult life in the British army
- B) Neil Sinclair's wrong decision
- C) a baby in a dangerous situation
- D) Neil Sinclair's new challenge

#### 23. Personal experience

It was a cold Sunday evening in Manchester. I was a university student, and my girlfriend and I had been invited to dinner with our tutor at his house 30 km away. We decided to go on my motorbike, but we hadn't realized how cold it was, so we hadn't dressed properly, and after ten minutes on the bike we were absolutely freezing. When we were about half way there, the bike started to make a funny noise and then stopped. We had run out of petrol. We stood at the side of the road, shivering with cold, and not sure what to do.

**According to the text, the student \_\_\_\_\_.**

- A) got into trouble while travelling
- B) invited his girlfriend to dinner
- C) had an accident with his motorbike
- D) visited his tutor at home

#### 24. Conversation topics

Women are experts at gossiping – and they often talk about trivial things, or at least that's what men have always thought. However according to research carried out by Professor Petra Boynton, a psychologist at University College London, when women talk to women their conversations are not trivial at all, and cover many more topics than when men talk to other men. Women's conversations range from health to their houses, from politics to fashion, from films to family, from education to relationship problems. Almost everything, in fact, except football. Men tend to talk about fewer subjects, the most popular being work, sport, jokes, cars, and women.

**According to the text, \_\_\_\_\_.**

- A) women's topics are more boring than men's
- B) men's range of topics is narrower than women's
- C) women should talk more to other men
- D) men typically talk about football

#### 25. About a crime

An elderly woman told the police that, as she entered a restroom, she was pushed by a woman behind her. A few minutes later, as she was about to pay for a moustache remover at a nearby store, she discovered that her wallet was missing from her purse. Apparently the woman who had bumped into her had cleverly stolen her wallet.

**This type of crime is called \_\_\_\_\_.**

- A) kidnapping
- B) burglary
- C) blackmailing
- D) pickpocketing

#### 26. At an amusement park

Everyone has a favorite attraction at an amusement park, and I am no different. However, unlike most people who seem to prefer rollercoasters, my favorite ride is a little more gentle. Every time I go to Coney Island, I absolutely have to ride the Ferris wheel. The Ferris wheel is simple and yet also quite complex. That is, riding it is easy, but how it works is complicated. A series of carts are attached to a wheel, which is attached to a rim. That rim rotates vertically around an axis, and gravity keeps the carts upright. As simple as the ride seems, only advanced engineers can make safe and fun Ferris wheels.

**According to the text, the writer \_\_\_\_\_.**

- A) prefers rollercoasters at an amusement park
- B) admires the construction of the Ferris wheel
- C) likes the Ferris wheel because of its speed
- D) is afraid of riding dangerous attractions

27. From a scientific magazine

Early artists drawing dangerous animals in the Lascaux complex accomplished a monumental and difficult task. They did not limit themselves to the easily accessible walls but carried their painting materials to spaces that required climbing steep walls or crawling into narrow passages.

**Why was painting inside the Lascaux complex a difficult task?**

- A) It was completely dark inside.
- B) Painting materials were hard to find.
- C) Many painting spaces were difficult to reach.
- D) The caves were full of wild animals.

28. About a job

When I was a kid, I wanted to be a doctor. More specifically, a general practitioner. What's not to like? You get paid a lot of money, you sit in a nice office, people come to see you all day, and you're generally respected in the community. But my grandmother, who has never avoided telling it like it is, informed me of some of the, well, more unpleasant aspects of the job that my eight-year-old self had not considered. I decided that perhaps it wasn't for me after all.

**The writer was \_\_\_\_\_ by his grandmother.**

- A) inspired
- B) discouraged
- C) supported
- D) manipulated

29. About coffee

Studies show that coffee reduces the risk of heart disease, type 2 diabetes, other life-threatening illnesses, and suicide. Researchers looked at over 200,000 people who drank up to five cups of coffee a day. Researcher Dr Frank Hu said this much coffee may have health benefits in terms of reducing premature death from several diseases.

**What is the best title of the story?**

- A) Drink coffee - risk suicide
- B) Heavy coffee drinking shortens your life
- C) Coffee cures diabetes
- D) Five cups of coffee a day keep the doctor away

30. From a newspaper

A tremendous explosion was heard at a Detroit High School. The local fire trucks, dispatched earlier to fight a blaze at the gymnasium have arrived to no avail, because, unfortunately, all fire hydrants in the area have been vandalized. It is believed that the explosion occurred when the fire reached the school's fuel-oil tanks, which are situated near the gymnasium. The fire itself is believed to have started in poorly insulated electrical equipment.

**According to the article, which of the following statements is true?**

- A) The fire caused the explosion.
- B) The fire trucks were vandalized.
- C) The fire started in the fuel-oil tanks.
- D) The firemen were fighting the blaze.

## **TASK B**

*Read the following text and complete its summary below. Use only one word for each gap and write your answers on the answer sheet.*

### **Child Sexual Abuse**

A 101-year-old British man was on Friday facing jail after he was convicted of a string of historical sex offences against children. He is thought to be the oldest defendant in British legal history.

Former lorry driver Ralph Clarke showed no emotion as he was found guilty of 21 sexual offences related to the abuse of two girls and one boy between 1974 and 1983. Prosecutor Claire Nicholls said Clarke had used “fear and intimidation” to control his victims and sexually abuse them. His youngest victim was just four when the abuse began.

“For over 40 years Clarke thought that he had got away with his crimes. Due to the courage of the victims we were able to bring him to justice,” the prosecutor said in a statement. West Midlands Police said the women – now in their late 40s – plucked up the courage to come forward after seeing Facebook posts celebrating Clarke’s 100th birthday. Clarke claimed the women were serial liars but a jury at Birmingham Crown Court today deemed he was lying in a bid to cover up his sex attacks and found him guilty on all counts.

Clarke, who was born in March 1915, believed to be Britain’s oldest prison inmate, abused the children at his home, in a garage workshop, his garden shed and in his lorry, the court in Birmingham, heard. He admitted nine charges related to a boy during the trial. Clarke had previously told a jury at Birmingham Crown Court that the offences against the schoolboy were “something that happened” and said he was “immune to feelings”, following his arrest last year. The jury took two days to reach its verdict.

Britain has no statute of limitations regarding sexual abuse and Judge Richard Bond said he was looking at a sentence for Clarke “in double figures”. “The public would be horrified if I didn’t send him to prison,” Bond said, telling the court Clarke would be remanded in custody before he is sentenced on Monday.

Defence counsel Darron Whitehead said his client would in reality face a “life sentence”, requesting the judge consider Clarke’s age and health in sentencing.

### **Summary**

A British centenarian, who used to work as a 31., was convicted of sexual abuse of three children. It happened more than 40 years ago and the victims needed a lot of 32. to start the trial. Ralph Clarke denied his guilt at first by saying that the victims were 33.. But now he will probably become the oldest prisoner in the British history after 34. days that are need for the final decision of the court. The judge is aware of the fact that nothing than a prison sentence would be acceptable for the 35..

## **TASK C**

*Read the following text and answer the questions below. **Do not use more than three words for each answer and write your answers on the answer sheet.***

### **Sleep Cycles**

Stages of sleep were discovered in the 1950s and 1960s – when researchers recorded brain activity in sleepers all night long. Scientists quickly discovered that there were different types of sleep. Deep, or slow wave sleep, comes before periods of lighter sleep. Also, a period of dreaming (called “rapid eye movement”, or REM) always came in the last part of a “sleep cycle”.

Human sleep cycles last an hour and a half, which is why we tend to sleep in multiples of ninety minutes. If you count the number of hours you sleep tonight, you will see this to be true.

Today it is generally accepted that deep sleep repairs the body, while REM repairs the mind. Interestingly, these same sleep patterns – deep sleep, light sleep, and REM – have been found in every warm-blooded creature on earth. As well as repairing the brain, REM is strongly involved in growing it. All warm-blooded creatures with complex brains have more REM when they are young than when they are mature.

Throughout history, cultures have developed systems to interpret dreams and tried to find messages in them that can give information about the future. For example, some people believe that to dream of diamonds is a good omen: for men it means wealth, for women it means marriage!

When we are asleep, our memory suffers. This explains why we typically don’t remember much – aside of the occasional dream – from our usual seven or eight hours of sleep. When we are asleep, we also lose our sense of time. Why? Because there’s no one “there” to notice its passing.

An exception to this absence of awareness occurs during lucid dreams. A lucid dream is defined as a dream in which a dreamer is aware he or she is dreaming – while the dream is occurring. Lucid dreams are not common, but they give us fabulous glimpses into the mystery of sleep.

### **Questions**

36. Which type of sleep precedes the period of lighter sleep?
37. Which type of sleep has a positive effect on the whole physical structure?
38. Apart from restoration, what else does dreaming influence, as far as brain is concerned?
39. According to some people, who will gain valuable possessions, when they dream of diamonds?
40. How often do lucid dreams occur?